



OAK HOUSE NURSERY SCHOOL

Nursery Lunches for the Month of June 2017



	Week 1 <i>w/c 05.06.17</i>	Week 2 <i>w/c 12.06.17</i>	Week 3 <i>w/c 19.06.17</i>	Week 4 <i>w/c 26.06.17</i>
MONDAY	Pasta with a Tomato, Basil and Mascarpone Sauce Vegetables Berry Yoghurt	Sausage and Mixed Bean Hotpot (Quorn Sausage) Vegetables Stewed Apple with a Crunchy Cinnamon Topping	Tuna and Sweetcorn Pasta Vegetables Berry Yoghurt	Roasted Italian Vegetable and Pasta Cheese Bake Vegetables Fruity Yoghurt
TUESDAY	Creamy Fish and Sweetcorn Crumble Vegetables Lemon and Lime Yoghurt	Three Cheese Macaroni Vegetables Mixed Berries with Cream	Chicken with a Boursin and Fresh Herb Sauce (Quorn) Vegetables Mango Yoghurt	Cottage and Summer Vegetable Pie (Quorn Mince) Vegetables Stewed Fruits with Yoghurt
WEDNESDAY	Chicken and Leek Pie (Quorn and Leek Pie) Vegetables Yoghurt with a Berry Coulis	Fish au Gratin Vegetables Fresh Fruit Salad	Greek Lamb and Potato Bake (Quorn Mince) Vegetables Yoghurt with Mixed Fruits	Spanish Paella with Chicken and Chorizo (Vegetarian Paella) Vegetables Fruit Crumble
THURSDAY	Meatballs in a Rich Tomato Sauce (Quorn balls) Vegetables Summer Crumble	Aromatic Chicken and Coconut Curry with Fresh Coriander (Butternut Squash Curry) Vegetables Raspberry Fool	Hungarian Vegetable Goulash Vegetables Apricot Rice Pudding	A Trio of Fish in a Watercress Sauce with Crushed New Potato Topping Vegetables Red Berry Yoghurt
FRIDAY	Summer Vegetable Au Gratin Vegetables Raspberry Fool	Minty Lamb Stew (Minty Mixed Vegetable Stew) Vegetables Greek Yoghurt with Mixed Fruits	Smoked Fish Kedgeree Vegetables Summer Fruit Salad	Thai Green Curry (Sweet Potato Curry) Vegetables Berry Salad

DAIRY AND GLUTEN-FREE MEALS ARE ALWAYS AVAILABLE TO MEET DIETARY REQUIREMENTS

KEY: **RED = RED MEAT** **YELLOW = CHICKEN** **GREEN = VEGETARIAN** **BLUE = FISH**